

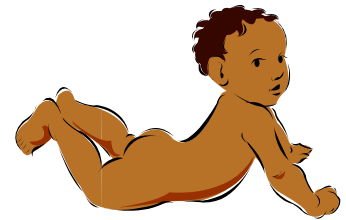
Chiropractic Pediatric Case History Form (Newborn - 18 years of age)



Welcome! I am so honored that you brought your child to see me. I usually receive patients by direct referral, so the likely reason you are here is that someone told you my services were helpful. I respect and appreciate their referral and trust in me. I will do my very best to provide you and your family with the very best chiropractic care possible.

Before we begin, it is important that you understand my approach to chiropractic care and the parameters of my assessment and subsequent diagnosis. **If the following description does not match your expectations, you need to know before we go any further; so please read the following paragraphs carefully before filling out the examination form.** Please sign and provide the date when indicated.

What you can expect this visit: I will assess the health of your child's nervous system, mostly pertaining to the spine. If I believe his or her nervous system, spinal alignment, and health is fine, I will let you know. If I think your child may require the services of other health care professionals, I will refer you to the appropriate resources. If I believe your child is a candidate for chiropractic care, we will develop an appropriate treatment plan for him/her; and, with your agreement, we will proceed accordingly.



What I do: I assess and address subtle functional impairments to the nervous system, primarily by assessing the health of the spine and cranium. The cranium and spinal column (vertebrae, joints, muscles, etc...) house and protect the central and peripheral nervous systems. Chiropractors assess nervous system health and any potential physical, chemical, or emotional interference to that health.



Picture your nervous system as if it were the network of electrical wiring leading to every appliance in your house or auto. If your home's or auto's electrical system experienced shorts, the interference to the electrical system would not allow your appliances or car to function at their full capacity.

In the same way, the nervous system coordinates every function of the body. If you or your child has acquired dysfunctional misalignments or sprains/strains due to injury along the spine or cranium, these injuries could be causing "shorts" in the nervous system. These shorts can cause interference and damage to the nervous system as a whole, and can interfere with the

structure and function of muscles, joints, the body's ability to grow and adapt properly to its environment, and the body's ability to heal quickly and well.

My job as your family's chiropractor is to assess your child's nervous system health, and to check if there are any subtle spinal and cranial misalignments that might be related to any found nervous system interference. After a thorough examination, if I think that your child is a candidate for chiropractic care, I will recommend a course of care that involves the application of gentle, hands-on, corrective adjustments with the intention of helping the body recover nervous system function naturally and to bring ease to the body's various systems.



It is my clinical experience and opinion that an individual's nervous system health is preserved best with regularly scheduled spinal checks, the same way the health of our teeth and gums are best preserved with regularly scheduled dental check-ups. A dentist checks for dental health the way a chiropractor checks for spinal health. Teeth and gums are not considered healthy when they are experiencing decay, even if there is no pain yet. Likewise, a spine is not considered healthy when it has acquired misalignments and injury that could interfere with the nervous system's ability to keep the body healthy... even if there is no pain. The objective of dentistry as well as chiropractic is to maintain the overall health of the body through proper care of the mouth and spine, respectively.



I do not diagnose or cure disease; nor do I directly treat physical symptoms or discomfort. I assess and reduce physical impacts to nervous system in order to help the body correct and heal itself. Then I back off. My job is to help provide a proper physical environment that will allow the body to heal and thrive naturally.

Pain and symptom relief is a probable side effect of chiropractic care, but it is not its goal. There is no way I can honestly guarantee that I can "fix" anything. I will do my best to help your child's body to heal itself, but the healing is up to your child's body.

If I think your child's health concerns require additional and integrative care, I will refer you to appropriate health care practitioners for coordinated, cooperative patient management.



If this statement of purpose is acceptable to you, please sign here and we will get started!

(Signature of parent or guardian)

(date)

To help me serve you and your child better, please complete the following:

Personal Information

Child's Name: _____
(Legal Last) (Middle Initial) (Legal First)

Gender (circle): M F

Address: _____ City/State: _____ Zip Code: _____

Age: _____ Years _____ Months _____ Date of Birth: (dd/mm/year) _____

Parent One: _____ Parent Two: _____

Address: _____ Address: _____

Home Phone Number: _____ Home Phone Number: _____

Cell Phone Number: _____ Cell Phone Number: _____

Work Phone Number: _____ Work Phone Number: _____

Email: _____ Email: _____

Legal Guardian/Physical Custodial Parent (if applicable): _____

What is the best way to contact you? _____

Whom may I thank for referring you to me? _____

Payment Responsibility: Payment is expected at the time of service.

Chiropractic Care: The initial exam (which consists of two visits) for a child up to 18 years of age is €120. Follow up exams/reexaminations are €55. Subsequent chiropractic office visits for children are €55 per visit. There is no VAT for chiropractic care.

Who is responsible for your child's bill? _____

Insurance: Please check with your insurance provider as to whether your policy includes alternative health care coverage for chiropractic care.



Current Health Concerns

Reason why your child is here: () Wellness Spinal Check () Specific Condition(s) _____

If applicable, is this condition due to an accident or specific event/incident? () No () Yes

Please explain: _____

Do you feel your child's present diet, environment, and/or physical activity level is related to his/her present health challenge? () No () Yes, Please explain: _____

Doctor's visit or hospitalization for the current condition? () No () Yes, please fill out below:

Date: _____ Where: _____ Treatment Given: _____

What other treatment options have you attempted to improve the condition? _____

How long has this condition been bothering your child?

() 1 week () 2-7 weeks () 2-4 months () greater than 4 months

How often does this condition bother your child?(please check one)

() Daily: Hours per Day ____ () Weekly: Days per Week ____ () Monthly: Number of Months ____

Has your child ever had similar conditions in the past? () No () Yes, When: _____

This condition is (check one):

() Getting worse () Staying the same () Slowly improving () Rapidly improving

Do any particular activities or movements (standing, sitting, lying down, bending, twisting, lifting, walking, etc.) aggravate the condition? _____

Is this condition interfering with: School () Sleep () Concentration () Daily Routine ()

Other than today's presenting complaint, please list any and all concerns regarding your child's overall health: _____

Birth History

Obstetrician/Midwife Name: _____ Contact Info: _____

Delivery Method (please check all that apply): () Vaginal () Forceps () Vacuum Extraction ()

Caesarean Section () Medication during pregnancy or delivery

What position was the child in during delivery? _____

Was the mother under chiropractic care during the pregnancy? () No () Yes

Any complications during the pregnancy or with the delivery?() No () Yes, explain: _____

Any known congenital anomalies / defects?() No () Yes, please explain: _____

Past Health Information

Family Doctor Name/ Pediatrician Dr.'s Name _____

Clinic Name/Location _____ Contact Info: _____

Date of Last Visit _____ Has your child had previous chiropractic care?() No () Yes

If Yes, Dr.'s Name _____

Clinic Name/Location _____ Contact Info: _____

Date of Last Visit _____ Please describe the reason for previous care: _____

Has your child ever been in an auto accident?() No () Yes (please provide info below)

Approximate Date: _____ Describe Incident: _____

Has your child had courses of vaccinations?() No () Yes (please list. Use the back if necessary)

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Approximate Date: _____ Describe: _____

Has your child had any other major injuries, falls, head injuries, or accidents?() No () Yes (please explain)

Approximate Date: _____ Describe Incident: _____

Approximate Date: _____ Describe Incident: _____

Approximate Date: _____ Describe Incident: _____

Has your child had any broken bones or dislocations?() No () Yes, which?: _____

Is your child involved or ever been involved in any high impact or contact sports (wrestling, football, soccer, gymnastics, baseball, martial arts, etc.)?() No () Yes, please list: _____

Has your child had any surgical operations or been hospitalized?() No () Yes (please provide info below)

Approximate Date: _____ Describe: _____

Family Health History

Please indicate if any of the following conditions are known in your family:

- ☐ Cancer (Relationship to child: _____) ☐ Diabetes Type ____ (Relationship to child: _____)
☐ Heart Disease (Relationship to child: _____) ☐ Headaches (Relationship to child: _____)
☐ Other: _____ (Relationship to child: _____)

Vital Health Information

Current Weight: _____ Current Height or Length: _____ Do you notice any developmental delays with your child? ☐ No ☐ Yes, explain: _____

Current Habits

Please check any of the below habits that your child has:

- ☐ Junk Food ☐ Healthy Foods ☐ Soda/High Sugar Fruit Drink Intake ☐ High Level of Activity/Exercise ☐ Low Level of Activity/Exercise ☐ Stress ☐ Lack of Focus ☐ Difficulty in School ☐ Smoking ☐ Drinking Alcohol ☐ Excessive Television/Computer/Video Game use

Medication/ Supplementation Please provide any nutritional supplement, over-the-counter medication, or prescription medication taken by the child in the last year. Please include vaccinations and antibiotics, and use the back of the form as needed.

Supplement/Medication Name _____	Supplement/Medication Name _____
Amount Taken (mg) _____	Amount Taken (mg) _____
Frequency of Administration (____ x per ____)	Frequency of Administration (____ x per ____)
How long (s) he has been taking it _____	How long (s) he has been taking it _____
Reason for Supplement/Medication _____	Reason for Supplement/Medication _____

Review of Health Systems Has your child ever suffered from: (Check all that apply)

General

- | | | |
|---|--|--|
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Fainting | <input type="checkbox"/> Loss or gain of a significant amount weight within 6 months |
| <input type="checkbox"/> Convulsions/Epilepsy | <input type="checkbox"/> Sleeping Problems | <input type="checkbox"/> Jaw/TMJ Problems |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Colic | <input type="checkbox"/> Ruptures/hernias |
| <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Cold Sweats | |
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Weight Problems | |

Serious Illnesses/Diseases

☐ Chicken Pox (Age: __)
☐ Measles (Age: __)
☐ Mumps (Age: __)
☐ Rubella (Age: __)
☐ Whooping Cough (Age: __)

☐ Rubeola (Age: __)
☐ HIV/AIDS (Age: __)
☐ Cancer (Age: __,
Type: __)
☐ Thyroid Problems

☐ Liver Trouble/Hepatitis
☐ Kidney Problems
☐ Diabetes Type I or II
☐ Other: _____
(Age: __)

Emotional/ Mental

☐ Nervousness/Anxiety
☐ Unexplained Fatigue
☐ Depression

☐ Irritability/Mood Swings
☐ Tension/Stress
☐ Behavioral Issues

☐ Hyperactivity

Integumentary System

☐ Skin Problems
☐ Rashes

☐ Hives
☐ Skin Sensitivity

☐ Easy Bruising

Ears, Eyes, Nose, Throat

☐ Frequent Colds/Flu
☐ Blurred Vision R/L
☐ Double Vision R/L
☐ Ear Infection

☐ Loss of Smell
☐ Buzzing/Ringing in ears
☐ Sinus Problems
☐ Allergies

☐ Recurrent Ear Infections
☐ Tooth Abscess
☐ Difficulty Hearing

Musculoskeletal System

☐ "Growing" Pains
☐ Neck Stiffness/Pain
☐ Mid-Back/Rib Stiffness/Pain
☐ Low Back Stiffness/Pain
☐ Hip Pain R/L

☐ Fractured Bones
☐ Swollen Painful Joints
☐ Muscle Problems
☐ Difficulty Walking
☐ Scoliosis

☐ Shoulder/Elbow Problems
☐ Wrist/Hand Problems
☐ Knee/Ankle/Foot Problems

Gastro-Intestinal System

☐ Gall Bladder Problems
☐ Digestive Problems
☐ Stomach Upset

☐ Heartburn/Reflux
☐ Diarrhea/Constipation/Gas
☐ Poor appetite

☐ Food allergies or
intolerances

Genito-Urinary System

☐ Recurring Infections

☐ Difficulty Urinating

☐ Bed Wetting

Cardiovascular System

☐ Diabetes Type I or II
☐ High Blood Pressure

☐ Chest Pain
☐ Heart Problems

☐ Anemia

Respiratory System

- | | | |
|---|--|---|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Pain w/Cough / Sneeze | <input type="checkbox"/> Recurring Infections |
| <input type="checkbox"/> Chronic Cough/Cold | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Lung Problems | |

Nervous System

- ☐ Numbness/Tingling/Pain in (Arm/Hands/Fingers)
- ☐ Numbness/Tingling/Pain in (Buttocks/Thighs/Legs/Feet/Toes)
- ☐ Cold Hands

Reproductive System

- | | | |
|---|--|---|
| <input type="checkbox"/> Urinary Tract Infections | <input type="checkbox"/> Prostate/Sexual Dysfunction | <input type="checkbox"/> Menstrual Irregularity |
| <input type="checkbox"/> Pelvic Pain | Females Only: | <input type="checkbox"/> Vaginal Pain/Infection |
| Males Only: | <input type="checkbox"/> Menstrual Cramping | <input type="checkbox"/> Breast Pain/Lumps |

Age of first menstrual period: _____ Date of last menstrual period: _____

Is there any chance the patient might be pregnant?* ☐ Yes ☐ No ☐ Not sure

*A referral for X-rays may be advised during the exam and x-rays can damage fetal development.

Signature of guardian verifying patient is NOT pregnant: _____

Is there any further information you would like to share that this form did not cover? Please write below.

Patient Informed Consent and Authorization for Care of Minor:

You are the decision maker for your child's health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as a cervical arterial dissection that involves an abnormal change in the wall of an artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. This occurs in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke. As chiropractic can involve manually and/or mechanically adjusting the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your child's condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your child's circumstances and health care as you see fit.

I have read, or have had read to me, the above Consent to Care. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation for my child to receive chiropractic care as is deemed appropriate for his/her circumstance. I intend this consent to cover the entire course of care from all providers in this office for my child's present condition and for any future condition(s) for which I seek my child's chiropractic care from this office.

Signature of Parent or Legal Guardian

Date

Patient Consent for Use and Disclosure of Protected Health Information:

With my consent Fitzpatrick Chiropractic may use and disclose protected health information (PHI) about me to carry out treatment, payment, and healthcare operations (TPO). Please refer Fitzpatrick Chiropractic Privacy Practices for a more complete description of such uses and disclosures. I have the right to review the Notice of Privacy Practices prior to signing the consent. Fitzpatrick Chiropractic reserves the right to revise its Notice of Privacy Practices at any time. A revised notice of Privacy Practices may be obtained by forwarding a written request to Fitzpatrick Chiropractic, Attn: Privacy Officer Weesperstraat 61 1018 VN. With my consent, Fitzpatrick Chiropractic may call my home, or other designated location and leave a message on voicemail or in person in reference to any items that assist the practice in carrying out TPO, such as appointment reminders and calls pertaining to my clinical care. Also, with my consent, Fitzpatrick Chiropractic may send mail to my home involving the above items named in this paragraph pursuant to my clinical care as long as they are marked personal and confidential. However, the practice is not required to agree to my requested restrictions, but if it does, it is bound by its agreement. By signing this form, I am consenting to the use by Fitzpatrick Chiropractic of my protected health information to carry out TPO. I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon prior consent. If I do not sign this consent, the doctors at Fitzpatrick Chiropractic may decline to provide treatment to me.

Do you have any questions regarding the above authorization statement?

☐ No ☐ Yes, Please explain: _____

Parent/Guardian Name: (Please PRINT) _____

Parent/Guardian Signature: _____ Date: _____

Doctors Initials _____